

Becoming a Psychotherapist: Integrating Values and Methods



THE PHYSIS
INSTITUTE

Trainer: Keith Tudor PhD
TSTA

Workshop in Dunedin 19th May 2018

This workshop examines the journey of becoming a psychotherapist with regard to integrating methods and practice with personal philosophy and values. Drawing on ideas within transactional analysis (TA) about its basic philosophy and its therapeutic attitudes, slogans, and methods, the workshop will invite participants to reflect on their own values and influences and to consider the extent to which their therapeutic practice reflects these values. In the workshop, Keith will present and discuss Berne's own writing about these questions as well as more contemporary TA literature, and introduce his own model of "philosophical congruence". The workshop will comprise presentations and large and small group discussion, as well as opportunities to discuss clinical and other material.

Venue: Community House 301 Moray Place, Dunedin

Dates and time: 9.30am - 4.30pm

The fee: \$100

Enrolment: Please notify your intention to enrol by 16 May. Contact Jo Stuthridge by email jo@jostuthridge.co.nz or phone 455 1067 and leave a message.



Keith Tudor is a Certified Transactional Analyst and a Teaching and Supervising Transactional Analyst. He is Professor of Psychotherapy at Auckland University of Technology, where he is currently Head of the School of Public Health & Psychosocial Studies. He is the series editor of *Advancing Theory in Therapy* (Routledge), the editor of *Psychotherapy and Politics International*, and until last year, was the co-editor of *Ata: Journal of Psychotherapy Aotearoa New Zealand*. He is the author/editor of over 300 peer-reviewed publications, including 16 books, including his latest: *Psychotherapy: A Critical Examination*, which will be on sale at the workshop.