



# Christchurch Transactional Analysis Training Programme

## TA101

### Transactional Analysis Introductory Course

- Date:** Saturday and Sunday, 18-19 February 2017  
9am-12pm and 1pm-to 4pm  
Morning and afternoon tea provided. Bring your lunch or buy lunch (cafes within walking distance)
- Venue:** 147 Papanui Rd  
Merivale, Christchurch
- Fee:** \$250.00  
Payable by bank transfer to:  
Christchurch TA 101 ASB a/c # 12-3151-0247215-00
- Enrolment:** by phone: 03 377-6118 (leave message) or  
by e-mail: [vicky.pachristchurch@gmail.com](mailto:vicky.pachristchurch@gmail.com)

**Transactional analysis** is both a theory of human development and a practical psychological approach for working with people in a variety of fields. It can be used as a simple model for personal development and easily applied in the workplace, in the classroom, and in counselling situations. At an advanced level it becomes a powerful modality of psychotherapy.

**The TA101 introductory course** conforms to the standards set by the International Transactional Analysis Association. It is an experiential workshop that looks at self-development, using the transactional analysis model, and it provides a series of tools for understanding and changing the way we think, feel, and behave. It includes lectures, exercises, and discussions that explore the various concepts.

**The TA101 is suitable** for trainees and practitioners in counselling, psychotherapy, and mental health, and persons in a supervisory or managing position, educators, and health professionals. It is a prerequisite for those who plan to train in transactional analysis.

#### **Workshop leader: Vicky Blake**

*PTSTA, Registered Psychotherapist*

Vicky is a psychotherapist, trainer and supervisor in private practice working with young people, adults, couples and groups. She comes from a background in nursing and education. She is a Provisional Teaching and Supervising Transactional Analyst (PTSTA).