

Relational Transactional Analysis

3-day Workshop in Dunedin

3-5 August 2019



THE PHYSIS
INSTITUTE

During this three-day workshop, we will discuss the central concepts and characteristics of a relational approach to transactional analysis.

Over the past three decades a paradigm shift, which is sometimes referred to as the 'relational turn', has emerged in the wider field of psychotherapy, influencing the development of transactional analysis. This shift has arisen from a confluence of thinking between fields, including contemporary infant development research, neuroscience and psychoanalysis. Practitioners working from a relational perspective share a common understanding about the centrality of relationships in the development of psychological problems and the healing process. There has been a shift away from cognitive insight, toward unconscious, affective and relational interaction as the primary vehicle for understanding and change.

The workshop will include teaching on transference and countertransference, dreaming, and other unconscious processes. There will also be space to share your questions and thoughts about what it means to work within a relational framework and practice new skills. Blondie Ngamoki will offer a presentation titled, Pa Harakeke concerning the life cycle and relational concepts and Vicky Blake will take a session on "Countertransference, hate and desire". There will also be short presentations by CTAs.

Venue: Community House, 301 Moray Place, Dunedin

Dates and times: Saturday 3rd Aug: 9.30am - 5pm, Sunday 4th: 9am - 5pm, Monday 5th: 9am - 4pm. There will be an optional evening session on Saturday, 7- 8.30pm.

The fee is \$320 payable in advance by direct credit to: 03 0905 0511059 00. For Physis Institute members the cost will be \$280. There will be an additional cost for a shared dinner on Sunday evening (optional). Registrations will close on 8 July and there will be a limit of 25 participants.

Trainers: Jo Stuthridge MSc, NZAP TSTA, Charlotte Daellenbach NZAP, TSTA and Vicky Blake BN, NZAP, PTSTA.

Enrolment. Please notify your intention to enrol by contacting Vicky Blake at vicky@vickyblake.co.nz or phone [03 377 6118](tel:033776118) and leave a message.