Transactional Analysis Psychotherapy Training

Transference and countertransference

Trainer: Elana Leigh TSTA
Workshop in Dunedin 9-10 Sept 2017

THE PHYSIS INSTITUTE

Hobday (2012) states that "Transference and countertransference are the enactment of the unconscious worlds of two minds in the analytic space. Psychodynamic therapists must be aware of these processes at work, accept them, and understand their therapeutic utility**."**

Hargaden and Sills (2002, p. 45) suggest that "to have a relationship with another person we have to transfer something of ourselves or our history onto the other (and vice versa) and that is often an unconscious process"

In this two-day experiential workshop, we will address varying definitions and applications of transference and countertransference, moving across time, from classical approaches to contemporary relational influences, within and beyond transactional analysis. The workshop will include a mix of theory and practice.

Venue: Bert Winters Room, St Patrick Community Centre 42 McAndrew Rd Dunedin

Dates and time: 9am – 4pm, 9-10 Sept 2017

Morning and afternoon tea will be provided.

The fee is $200 payable by cheque or by direct credit to the Physis Institute Ltd: 03 0905 0511059 00

Enrolment: Please notify your intention to enrol by 1 September. Numbers will be capped and refunds available for cancellations received before (but not after) 25 August 2017. Contact Jo Stuthridge by email jo@jostuthridge.co.nz or phone 455 1067 and leave a message.

Elana Leigh: *B.Sc. Social Work (University of Cape Town). MSc. Integrative Psychotherapy(Middlesex,London). Certified Transactional Analyst CTA and Training and Supervising Transactional Analyst TSTA (ITAA).*

Elana graduated as a social worker In South Africa. She went on to train as a Transactional Analyst and Integrative psychotherapist in London. She lives in Sydney Australia where she works as a psychotherapist, supervisor and trainer. She has worked across a range of cultures and her passion lies in integration and diversity in both theory and application