

# Transactional Analysis Psychotherapy Training



THE PHYSIS  
INSTITUTE

## Transactional Analysis in Action

**Trainer: Elana Leigh** TSTA, MSc

**15-16 September 2018**

This workshop will provide an opportunity to personally experience transactional analysis as a mode of psychotherapy, in a group setting. Elana will do short pieces of therapy with group members, and then discuss the work after each interaction, using transactional analysis theory.

This day offers a unique opportunity to see an experienced practitioner in action and learn about transactional analysis practice and theory, while gaining self-awareness.

**Venue:** Evan Parry House, level 8, 43 Princes St, Dunedin

**Dates and time:** Saturday 15 September 9am – 5.30pm and Sunday 16<sup>th</sup> Sept 9 – 12.30 pm.

**The fee** is \$180 (or \$140 for fulltime students) payable at the workshop by cheque, cash, or direct credit to: The Physis Institute 03 0905 0511059 00

**Enrolment.** Please notify your intention to enrol by 3 September. Contact Jo Stuthridge by email [jo@jostuthridge.co.nz](mailto:jo@jostuthridge.co.nz) or phone 455 1067 and leave a message.



**Elana Leigh: B.Sc. Social Work (University of Cape Town). MSc. Integrative Psychotherapy, Certified Transactional Analyst CTA and Training and Supervising Transactional Analyst TSTA (ITAA).**

Elana graduated as a social worker in South Africa. She went on to train as a Transactional Analyst and Integrative psychotherapist in London. She lives in Sydney Australia where she works as a psychotherapist, supervisor and trainer. She has worked across a range of cultures and her passion lies in integration and diversity in both theory and application.