

## **TRANSACTIONAL ANALYSIS Two day introductory course**

Transactional Analysis (TA) offers a therapeutic perspective on how people are made up psychologically and how we communicate with each other. TA provides a way to understand patterns we may use in our relationships with each other. TA offers a way forward for personal growth and change. It can be applied in interpersonal, educational or organisational settings.

### **You can use this course:**

For your own interest and growth

To go on to further training in Transactional Analysis.

To improve your professional or occupational functioning.

The course is ideal for people who seek practical skills and theoretical perspectives that will improve communication and contribute to the development of meaningful interpersonal relationships.

### **Who would benefit from attending this course?**

Individuals, team leaders, project managers, health professionals, psychotherapists, people in any helping profession, managers, clinicians, human resource personnel, counsellors teachers, group facilitators; relationship partners.

### **Learning outcomes**

Discussion of core Transactional Analysis theory.

Understanding of communication processes.

Consideration of individual and group dynamics, and the impact these have on work and personal situations.

Discussion of ego states as aspects of self and early relationship patterns.

Understanding life scripts and the life plan we unconsciously make in early life and tend to live out.

An understanding of patterns in our personal and professional lives.

An understanding of repetitive patterns of behaviour and communication.

This 12 hour training stands on its own as an introduction to the fundamental concepts of Transactional Analysis. It is also a prerequisite for those wanting to advance to further training. On satisfactory completion of the workshop, participants will receive the TA101 Certificate as defined by the International Transactional Analysis Association.

Further training in Transactional Analysis is available through the Wellington Transactional Analysis Training Institute.

### **TUTORS:**

*Marion Wade* is a certified Transactional Analyst (Psychotherapy) and Provisional Teaching and Supervising member of the International Transactional Analysis Association. She is a counsellor and Registered Psychotherapist. Marion's first career was nursing. She enjoys working with individuals and couples helping them to respond positively to life's challenges. She has specialist experience with eating disorders, sexual function issues and trauma resolution.

*Suzanne Johnson* is a Certified clinical Transactional Analyst, and provisional teaching and supervising member of the International Transactional Analysis Association. She has worked in the public mental health service as a nurse specialist and for the past seventeen years has worked in private practice as a psychotherapist with individuals and couples.

Both Marion and Suzanne are trainers and supervisors with the Wellington Transactional Analysis Training Institute.

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**VENUE:** St Johns Church, corner Willis and Dixon Sts, Wellington.

**DATE:** Friday/Saturday, June 8th and 9th, 2012

**TIMES:** 9 a.m. to 4.30 p.m.

**FEE:**

\$345 (gst inclusive)

\$300 (gst inclusive) earlybird fee before April 30th.

Fee includes morning / afternoon tea, and course notes.

**Further information and registration:**

Suzanne Johnson ph: 04 499-1955

Suzanne\_johnson@xtra.co.nz

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REGISTRATION FORM FOR TA 101

Name:.....

Address:.....

Phone Number:..... Email: .....

I enclose cheque for \$300 (before April 30th) or \$345 (after April 30th).

Send to: Suzanne Johnson, P.O. Box 8076, The Terrace, Wellington.

Direct debit payment – please include TA101 and your name as reference to a/c:  
123192 0027091 00

Receipts will be provided.

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